



**OSTEOPATHY  
CERTIFICATION  
TRAINING  
PROGRAM**



# STANDARDS FOR OSTEOPATHY CERTIFICATION TRAINING PROGRAM

## 1. NAME OF TRAINING

Osteopathy Certification Training Program

## 2. AIM OF TRAINING

The aim of this training program is to gain the physicians who will practice osteopathy the qualifications that will allow them to efficiently practice osteopathy.

## 3. LEGAL BASIS FOR TRAINING

The following legislation is taken as a basis for the implementation of this training program.

1. Decree Law No. 663
2. “Regulation on Certification Training of the Ministry of Health” published in the Official Gazette dated February 4, 2014 and numbered 28903.
3. “Regulation on Traditional and Complementary Medicine Practices” published in the Official Gazette dated October 27, 2014 and numbered 29158.

## 4. DEFINITIONS

**Osteopathy:** A non-invasive complementary medicine practice which helps strengthen the musculoskeletal system containing joints, muscles, connective tissues and the spine, which focuses on whole body health and which puts emphasis on the efficiency of musculoskeletal system in diseases.

**Practice Center:** It is a center which is established within the body of health application and research center of the

faculties of medicine to perform the practices specified in relevant Regulation under the responsibility of a physician who holds a certificate on the relevant field and which can provide training if authorized by the Ministry.

**Distance Learning:** It is a way of learning in which students are separated by time and physical location from instructors and both the transfer of course contents and the interaction are ensured using information and communication technologies.

**Asynchronous Learning:** It is a way of learning-training which occurs asynchronously at different times and locations.

**Synchronous Learning:** It is a way of learning-training which occurs synchronously.

## 5. PROCEDURES AND PRINCIPLES TO IMPLEMENT THIS TRAINING PROGRAM

The training program shall be implemented based on the procedures and principles listed below:

1. The training program shall be carried out both in theory and in practice. The theoretical part of the training may be taught in face-to-face classes and/or a maximum of 80% of the same theoretical part may be taught as distance learning courses.
2. It shall be ensured, in distance learning, that the participants have synchronous and asynchronous access to interactive practices on-line through the infrastructure provided

by the server -on condition that at least 50% of the distance learning courses are synchronous- and that interactive live courses are taught at certain hours in a certain place/hall within the bounds of live curriculum.

3. The participants need to perform at least 150 osteopathy practices during the training.
4. The contents of the courses shall be designated in the beginning of the training program; the participants shall be given references or provided with lecture notes.
5. Theoretical and practical courses shall last for 8 (eight) hours a day at most. The period of a course shall be 45 (forty five) minutes.
6. A maximum of 50 (fifty) participants for distance learning courses and a maximum of 30 (thirty) participants for face-to-face classes can be accepted in one training period/term except for 2 (two) participants who will be assigned by the Ministry.
7. The participants to be assigned by the Ministry will be a physician who does not have any public service liability and whose training in this program is of importance for his/her services in the institution she/he works. These participants will not pay any training fee. The participants cannot be made work in any other field/unit/center or in any other job position during the training program.
8. Continuous attendance is essential for the training, and the practical training requires compulsory attendance. The participants who cannot attend 10% (ten percent) of the practical training at most due to a legal excuse shall not be allowed

to take the certification exam unless they complete the hours they miss. A maximum of 10% (ten percent) absence due to a legal excuse is acceptable for the theoretical training.

9. The following teaching and learning strategies, methods and techniques shall be applied in the training program:
  - Verbal lecture
  - Video-based teaching
  - Small group discussion
  - Demonstrative teaching
  - Question & Answer method
  - Simulation
  - Clinical practice (case studies)
  - Model test
10. The practical training includes bed-side osteopathy practices performed individually or in small groups in practice centers or units, and it consists of “observing”, “doing under supervision” and “doing independently” stages respectively.
11. The relevant unit for this certification training program is the Department of Traditional and Complementary Medicine Practices of the General Directorate of Health Services of the Ministry.

## 6. PARTICIPANTS AND THEIR QUALIFICATIONS

Physicians can participate in this certification training program.

## 7. TRAINING CURRICULUM

### 7.1. Learning Objectives and Subjects in Training Courses

Table 1 shows the learning objectives and subjects included in the theoretical section of the Training Program as well as the duration of each subject.

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
<b>MODULE -1 Osteopathic Conceptual Models</b>				
History and philosophy of osteopathy	Briefly defines the history and philosophy of osteopathy.	5		
Terminology and principles of osteopathy.	Explains the terminology and principles of osteopathy.	5	15	
Functional Anatomy	Explains Functional Anatomy.	10		
Neuroanatomy	Explains Neuroanatomy.	5		
Lymphatic system physiology and anatomy	Explains lymphatic system physiology and anatomy.	6		
Osteopathic treatment's 5 models which include structure / function	Describes osteopathic treatment's 5 models which include structure / function.	7		
Somatic dysfunction, somatic facilitation, viscerosomatic integration	Explains somatic dysfunction, somatic facilitation, viscerosomatic integration.	5		
Respiratory mechanics, respiration and circulation model	Explains respiratory mechanics, respiration and circulation model.	6		
Pain, perception and touching mechanics	Explains pain, perception and touching mechanics.	8		
Chronic pain management	Describes chronic pain management.	15		
Main mechanism of psychoneuroimmunology	Explains main mechanism of psychoneuroimmunology.	4		
Stress management	Describes stress management.	5		
Physiological body rhythm and biotypology	Describes physiological body rhythm and biotypology.	10		
Viscero-somatic integration	Explains viscero-somatic integration.	20		
Spinal and peripheral biomechanics	Explains spinal and peripheral biomechanics.	6		
Pharmacology	Briefly describes the main concepts and functional information of pharmacology.	20		
Ligament network and tensegrity of the body	Assesses the joints and the spine in line with the functional anatomy.	5		
<b>TOTAL</b>		<b>142</b>	<b>15</b>	<b>157</b>

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
<b>MODULE - 2 Osteopathic Diagnosis Principles</b>				
Osteopathic examination principles	<ul style="list-style-type: none"> <li>Describes and assesses the structural, myofascial-articular, visceral-autonomic elements.</li> <li>Describes and assesses somatic dysfunction.</li> <li>Assesses the physical examination algorithm.</li> </ul>	14	20	34
<ul style="list-style-type: none"> <li>Structural elements</li> <li>Myofascial-articular elements</li> <li>Visceral-autonomic elements</li> <li>Somatic dysfunction</li> <li>Physical examination algorithm</li> </ul>				
Osteopathic musculoskeletal system examination	<ul style="list-style-type: none"> <li>Describes the algorithm of osteopathic musculoskeletal system examination.</li> <li>Conducts osteopathic musculoskeletal system examination.</li> </ul>	12	18	30
Spinal area joint motion range	<ul style="list-style-type: none"> <li>Explains the joint motion range phenomenon of cervical, thoracic and lumbar spine.</li> <li>Assesses the joint motion range of cervical, thoracic and lumbar spine.</li> </ul>	4	4	8
<ul style="list-style-type: none"> <li>Cervical spine</li> <li>Thoracic spine</li> <li>Lumbar spine</li> </ul>				
Osteopathic palpation criteria	<ul style="list-style-type: none"> <li>Describes the observation, temperature, skin topography and structure, fascia, muscle, tendon, ligament, erythema arising from friction and percussion in line with the osteopathic palpation principles.</li> <li>Assesses the observation, temperature, skin topography and structure, fascia, muscle, tendon, ligament, erythema arising from friction and percussion in line with the osteopathic palpation principles.</li> </ul>	12	20	32
<ul style="list-style-type: none"> <li>Observation</li> <li>Temperature</li> <li>Skin topography and structure</li> <li>Fascia</li> <li>Muscle</li> <li>Tendon</li> <li>Ligament</li> <li>Erythema arising from friction</li> <li>Percussion</li> </ul>				

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
Inter-segmental Motion Test	<ul style="list-style-type: none"> <li>Describes the content of inter-segmental motion test of the spine.</li> <li>Conducts the inter-segmental motion test of the spine.</li> </ul>	2	10	12
Imaging methods in osteopathic diagnosis.	<ul style="list-style-type: none"> <li>Describes the characteristics of the imaging methods.</li> <li>Assesses the characteristics of the imaging methods.</li> </ul>	6	6	12
<b>TOTAL</b>		<b>50</b>	<b>78</b>	<b>128</b>
<b>MODULE -3: Osteopathic Manipulative Techniques and Treatments</b>				
Classical approaches <ul style="list-style-type: none"> <li>Thrust (High-velocity/Low-amplitude) approach</li> <li>Muscle Energy Approach</li> <li>Myofascial Release Approach</li> <li>Cranial Osteopathy</li> <li>Strain and Counter-strain Approach</li> <li>Soft-tissue/articulator Approach</li> <li>Lymphatic Approach</li> </ul>	Briefly describes the osteopathic approach criteria in diagnosis and treatment, determination of manipulative techniques to be applied post-diagnosis, practicing indications, practicing techniques, side-effects and potential complications, application of the classical and modern approaches used in osteopathic medicine, techniques that are directly or indirectly used, balancing techniques and techniques that are combined, reflex-based and fluid-based.  Uses Thrust, Muscle Energy, Myofascial, Strain and Counterstrain, Soft-tissue/Articulator techniques.  Practices Cranial Osteopathy.	28	100	128

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
Modern approaches. <ul style="list-style-type: none"> <li>Balanced Ligament Strain and Ligament Joint Strain</li> <li>Facilitated Positional Release</li> <li>Progressive Inhibition of Neuromuscular Structures</li> <li>Visceral Manipulation</li> <li>Still Technique</li> <li>Chapman Approach</li> <li>Fulford Percussion</li> </ul>	Summarizes the differences between the techniques and the practices. Assesses the Balanced Ligament Strain and Ligament Joint Strain. Practices Facilitated Positional Release. Practices Progressive Inhibition of Neuromuscular Structures. Practices Visceral Manipulation. Uses Still Technique. Finds and assesses the chapman areas. Assesses the Fulford Percussion.	10	130	140
<b>TOTAL</b>		<b>38</b>	<b>230</b>	<b>268</b>
<b>MODULE – 4: Local Approaches in Osteopathic Treatment</b>				
Osteopathy Treatment Contraindications, Indications and Complications	Briefly describes the diagnosis of osteopathic pathologies, distinctive diagnosis, indications, side-effects and complications of osteopathic practices, local osteopathy practice criteria, diagnosis and treatment principles.  Distinctively diagnoses the osteopathic pathology, uses treatment approaches in line with the osteopathic principles.	5	10	15
Head health and occipital health	Briefly explains head health and occipital health.	5	10	15
Cervical spine health	Briefly explains cervical spine health.	5	10	15
Thoracic health and rib health	Briefly explains thoracic health and rib health.	5	10	15



**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
Lumbar health	Briefly explains lumbar health	5	10	15
Pelvis and sacrum health	Briefly explains pelvis and sacrum health.	5	10	15
Abdominal health	Briefly explains abdominal health.	5	10	15
Hip, knee, ankle and foot health.	Briefly explains hip, knee, ankle and foot health.	5	10	15
Shoulder, elbow, wrist and hand health	Briefly explains shoulder, elbow, wrist and hand health.	4	10	14
Bone pathologies	Briefly describes bone pathologies.	2	4	6
Ligament and soft-tissue pathologies	Briefly describes ligament and soft-tissue pathologies.	4	6	10
<b>TOTAL</b>		<b>50</b>	<b>100</b>	<b>150</b>
<b>MODULE- 5 Approach to Osteopathic Medicine Scientific Researches</b>				
Osteopathic medicine research basics and methodology	Briefly describes the methods, basic principles, priorities, statistical studies, research ethics of conducting evidence-based osteopathy researches, the future of osteopathic medicine researches and publication preparation works.	4	1	5
Research priorities and ethics in osteopathic medicine	Briefly describes research priorities and ethics in osteopathic medicine.	4	1	5
Research development and support in osteopathic medicine	Plans the researches in osteopathy field in line with the scientific research principles.	4	1	5
Bio-behavioral research	Briefly explains bio-behavioral research.	4	1	5
The future of osteopathic medicine researches.	Briefly describes the future of osteopathic medicine researches.	4	1	5
<b>TOTAL</b>		<b>20</b>	<b>5</b>	<b>25</b>

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
<b>MODULE – 6 Fields of Osteopathic Practice</b>				
Preventive public health-patient training	Describes osteopathy practice in preventive public health and patient training.	4	6	10
The role of osteopathy in complementary medicine and allopathic medicine	Describes the role of osteopathy in complementary medicine and allopathic medicine.	4	6	10
Promotion and protection of health	Describes the role of osteopathy in promotion and protection of health.	4	6	10
Mind-body medicine	Describes the role of osteopathy in mind-body medicine.	4	6	10
Clinical psychology	Describes the clinical psychology osteopathy practice.	4	6	10
Chronic Cardiovascular Diseases	Describes osteopathy practice in chronic cardiovascular diseases.	4	6	10
Uncontrolled Asthma	Describes osteopathy practice in uncontrolled asthma.	4	6	10
Geriatric patients with dementia and geriatry	Describes the role of osteopathy practice in geriatric patients with dementia and geriatry.	4	6	10
Ear ache in children	Describes osteopathy practice in ear ache in children.	4	6	10
Acute Lumbar Pain	Describes osteopathy practice in acute lumbar pain.	4	6	10
Chronic Pain and Depression	Describes osteopathy practice in chronic pain and depression.	4	6	10
Dyspnea	Describes osteopathy practice in dyspnea.	4	6	10
Vertigo	Describes osteopathy practice in vertigo.	4	6	10

**Table 1: Subjects to be included in the Theoretical and Practice Sections of the Training Program and Learning Objectives and Duration of Each Subject**

SUBJECTS	LEARNING OBJECTIVE Participant successfully completing this training program:	DURATION (Hours)		
		Theory	Practice	Total
Stomachache	Describes and practices osteopathy in stomachache.	4	6	10
Rhinosinusitis	Describes osteopathy practice in rhinosinusitis.	4	6	10
Disorders of the digestive system	Describes osteopathy practice in disorders of the digestive system.	4	5	9
Blood pressure disorders	Describes osteopathy practice in blood pressure disorders.	4	6	10
Acute neck pain	Describes and practices osteopathy in acute neck pain.	4	6	10
Muscle pain	Describes and practices osteopathy in muscle pain.	4	6	10
Lumbar pain in pregnancy	Describes osteopathy practice in lumbar pain in pregnancy.	4	5	9
Pregnancy and lower extremity edema	Describes osteopathy practice in pregnancy and lower extremity edema.	4	6	10
Joint Diseases	Describes and practices osteopathy in joint diseases.	4	5	9
Sports injuries	Describes and practices osteopathy in sports injuries.	4	6	10
Cervicogenic Headache	Describes osteopathy practice in cervicogenic headache.	4	5	9
Dysmenorrhea	Describes and practices osteopathy in dysmenorrhea.	4	5	9
<b>TOTAL</b>		<b>100</b>	<b>145</b>	<b>245</b>

### 7.2. Training Materials and Their Features

Materials to be used in the training are as follows:

1. Written training materials including subjects in the training content (books, slides, training guidelines, scientific journals etc.)
2. Audiovisual training materials (compact discs, video films, pictures, etc.)
3. Training contents, discussions (forums and virtual class sessions), presentations, case studies, videos, voice records, etc. developed in a context-specific perspective for training and transferred into digital environment.
4. All tools and equipment that are supposed to be in an Osteopathy Practice Center as per the relevant legislation.
5. All kinds of devices and materials at the place where the training will take place will be considered as training material.

### 7.3. Duration of Training

The duration of the Osteopathy Certification Training Program is given in the table below.

Table 2: The Duration of the Osteopathy Certification Training Program	
TYPE OF TRAINING	TOTAL DURATION (Hours)
Theoretical Training	400
Practical/Field Training	600
<b>TOTAL</b>	<b>1000</b>

### 7.4. Evaluation of Training (Exam Procedure, Achievement Criteria, Extra Exam Right, etc.)

The training will be evaluated according to the following procedures and principles.

1. Participants who do not fulfill the requirement of compulsory attendance shall not be allowed to participate in the exam.
2. Theoretical and practice exams shall be conducted at the end of the training program.
3. Theoretical exam questions shall be prepared by the exam committee, composed of minimum three trainers, under the chairmanship of the program officer in a way to cover all the subjects included in the training content.
4. Participants are supposed to succeed both in theoretical and practice exam separately.
5. Those who score 70 (seventy) points or more out of 100 (one hundred) in the exam shall be deemed successful. Those who cannot pass the theoretical exam shall not be allowed to take the practice exam.
6. Participants who fail to score this minimum point in the theoretical exam shall be allowed to take the exam 2 (two) more times at maximum; those who cannot pass the exam are supposed to apply to the Osteopathy Certification Training Program again.
7. The practice exam shall be conducted by using Osteopathy Practice Training Evaluation Form (Annex 1). Each subject included in the form will be rated as Highly Satisfactory (4), Satisfactory (3), Moderately

Satisfactory (2), Unsatisfactory (1) or Not Evaluated (0). Points obtained from each subject will be totaled. This total will be divided by the number of subjects evaluated and the average is determined. The average will be multiplied by 25 (twenty five) and it will be calculated out of 100 (one hundred). Those who score 70 (seventy) points or more out of 100 (one hundred) in the practice exam shall be deemed successful.

8. The practice exam shall be conducted by practicing on a patient and/or on a model.
9. In the practice exam;
  - a. Treatment planning,
  - b. Osteopathy practice,
  - c. Pre- and post-treatment follow-up practices shall be evaluated.
10. For certification, the success point of a participant shall be determined by calculating the arithmetic mean of the points obtained in the theoretical and practice exams.
11. Participants who fail in the practice exam shall be allowed to take the exam 2 (two) more times at maximum; those who cannot pass the exam are supposed to apply to the Osteopathy Certification Training Program again.
12. The objections of the participants who object to the results of their theoretical and practice exams conducted at the end of the osteopathy certification training program shall be evaluated and concluded by the certification training providers in 5 (five) days at the latest.
13. Participants who pass the theoretical and practice exams shall be awarded their certificates.
14. The certificate shall be registered by the Ministry of Health to become valid.
15. The validity period of the certificate is seven years. At the end of seven years, the certificates of those who satisfy the requirements listed in the certificate renewal criteria shall be directly renewed. The certificates of those who do not meet the requirements shall be renewed only if they succeed in the exam to be conducted.
16. In the case of a legally-acceptable excuse; the personnel trained shall complete their training by adding the duration of training which they are unable to participate in to the training program. If a participant fails to participate in training or s/he discontinues it, her/his training shall be cancelled and she/he shall be deemed unsuccessful.

## 8. PROGRAM OFFICER AND HER/HIS QUALIFICATIONS

Physicians and academicians holding an academic title in the relevant field are the program officers of the Osteopathy Certification Training Program.

## 9. TRAINERS AND THEIR QUALIFICATIONS

Those who have at least one of the following qualifications are assigned as trainers in this training program.

1. Physicians who hold an Osteopathy Certificate,
2. Physicians or academicians specializing in the subjects of the theoretical lessons of osteopathy,

3. Physicians who have at least two national/international scientific publications on osteopathy,
4. Those who are foreign national and document that they have actively practiced their profession and received osteopathy training in an institution accredited on international platform and who are deemed to be qualified by the committee established by the relevant unit of the Ministry,
5. The citizens of the Republic of Turkey who document that they have actively practiced their profession abroad and received osteopathy training in an institution accredited on international platform and who are deemed to be qualified by the committee established by the relevant unit of the Ministry,

NOTE: The Practice Centers are obliged to notify the Ministry of Health about the qualifications and names of the trainers.

### 10. PROPERTIES OF THE TRAINING PLACE

The institutions/organizations which have a "Practice Center" and have the authority to provide training can organize the Osteopathy Certification Training Program. The place where the training will be provided shall:

1. For distance learning;
  - a. have a Learning Management System (LMS) software compliant with international learning content standards (Scorm, AICC, etc.) have a Learning Management System (LMS) Management panel,
  - b. have a Learning Management System (LMS) Management panel,
  - c. have a server and infrastructure architecture in parallel with the capacity of the trainees,
  - d. ensure that video conferencing software and infrastructures are integrated into the system so as to provide simultaneous trainings,
2. have a training hall which has sufficient equipment and where the participants can receive interactive training,
3. have a training hall which is warm and bright enough as well as being spacious, where a modular system can be used, which has a capacity in the number of the participants to be trained, and which can be divided into two separate training halls when necessary,
4. have adequate number of chairs and desks for participants,
5. have a server and infrastructure architecture in parallel with the capacity of the trainees for distance learning,
6. ensure that video conferencing software and infrastructures are integrated into the system so as to provide simultaneous trainings,
7. be a Center for Traditional and Complementary Medicine Practices approved by the Ministry,
8. have computer and audiovisual devices which will allow for carrying out the training using appropriate technology; practice models; a blackboard; a printer, xerox machine and paper support systems ensuring that participants are provided

with training objectives, subjects and contents/presentations; preferably an internet access enabling that online and visual animations/training materials are used.

## 11. VALIDITY PERIOD OF THE CERTIFICATE

The validity period of the certificate is 7 (seven) years.

## 12. CERTIFICATE RENEWAL CRITERIA

The renewal of the certificate shall be carried out in line with the criteria below.

1. At the end of the validity period of the certificates, among the certificate-holders, those who document that they meet at least one of the following criteria:
  - a. Having attended national/international trainings or scientific meetings on osteopathy at least 4 (four) times,
  - b. Having published an article on osteopathy in 2 (two) national/international peer-reviewed journals,
  - c. Having actively worked in this field for 2 (two) years, shall be awarded a certificate renewal (the validity period of their certificates are extended for another 7 years). The certificate-holders shall submit their documentation related to these criteria during the certificate renewal application to the certification training providers that awarded the certificate to them.
2. Those who do not fulfil at least one of the criteria in the first paragraph need to take the certificate renewal exam and pass the exam.
3. The renewal exam shall be conducted as a theoretical exam consisting of multiple-choice questions prepared in line with the recent developments in the field and the subjects in the relevant training program by the implementers of osteopathy certification training program under the coordination of the relevant unit of the Ministry.
4. Participants who score 70 (seventy) or more points in the renewal exam shall be deemed successful and the duration of their certificates shall be extended for another 5 (five) years.
5. The certificates of the certificate-holders shall be valid until the certificate renewal exam process is completed.
6. The certificates of those who fail to attend the certificate renewal exam twice in a row shall be deemed invalid, except in cases of legally acceptable excuses. Following the end of the legally acceptable excuse, they shall be tested as soon as possible.
7. In cases when the training activities of the entity with the authorization to provide certification training program are stopped or its certification training provision authorization documents are cancelled for any reason or in cases of shut-down and transfer, the certificate renewal exams shall be conducted by the relevant unit of the Ministry.
8. The objections of the certificate-holders, who fail in the certificate renewal exam to the renewal exam results, shall be evaluated and concluded in maximum 5 (five) working days by the certificate renewal exam committee.

## 13. EQUIVALENCE APPLICATION AND PROCEDURES AND PRINCIPLES OF EQUIVALENCE PROCESSES

### 13.1. Equivalence Application

Equivalence shall be requested by using the equivalence application form (Appendix-2) prepared by the Ministry in line with the provisions of the Regulation on Certification Training of the Ministry of Health. It is mandatory to submit all the documents specified in this form. Each section specified in this form shall be filled in detail, the original copies of the below-listed documents approved by the institution/organization which provides the training and the translation of the documents into Turkish by a certified translator if the training is received abroad shall be submitted as attachment to the form.

### 13.2. Documents to be attached to the Application Form:

1. A certified copy of the certificate.
2. A certified copy of the Faculty of Medicine diploma.
3. A certified copy of postgraduate education certificate, if available.
4. A copy of Turkish Identification Card/certified copy of Foreign Identification Card and 2 (two) photographs.
5. All information and documentation related to the Training Curriculum specified in the 4th paragraph of the Application Form (The original of the document in the language of the training and the document and its translation into Turkish).
6. Document proving that s/he received at least 1000 hours of theoretical and practical training, and the Training Curriculum.

7. The applicant will be requested to submit a document which is received from the official health authority of the country of training or the head of mission of Turkey and shows that the Institution/Organization/Private Law Legal Entity/Natural Person who/which provided the training and who/which is included in the 3rd paragraph of the Application Form is authorized to provide training.
8. The applicant will be requested document that s/he resided in the country in which s/he received training for as long as the training duration with his/her passport or other official documents and the formally-commissioned officials will be requested to provide documentation proving that they were off duty in the said period.

### 13.3. How to carry out the Equivalence Procedures

1. The application files of those who apply for certificate equivalence shall be examined in line with the Osteopathy Certification Training Standards by a Scientific Committee to be set up by the relevant unit.
2. Applicants whose files are deemed suitable and sufficient shall be tested with theoretical and practice exam.
3. Applicants who score 70 (seventy) points or more out of 100 (one hundred) in the theoretical exam shall be deemed successful. Those who fail to score this minimum point in the theoretical exam shall be allowed to take the exam 2 (two)



more times at maximum; those who cannot pass the exam are supposed to apply to the Osteopathy Certification Training Program.

4. Applicants who cannot pass the theoretical exam shall not be allowed to take the practice exam.
5. Participants who score 70 (seventy) points or more out of 100 (one hundred) in the practice exam shall be deemed successful. Those who fail to score this minimum point in the practice exam shall be allowed to take the exam 2 (two) more times at maximum; those who cannot pass the exam are supposed to apply to the Osteopathy Certification Training Program.
6. Certificate Equivalency Document shall be drawn up for applicants who pass the theoretical and practice exams.
7. Certificate Equivalency Document shall be registered by the Ministry of Health.

#### 14. PROVISIONAL CLAUSE

Those who meet the criteria below and who apply to the Ministry within 6 (six) months after the publication of this standard and who are deemed suitable by the committee to be established by the relevant unit of the Ministry shall be awarded a Osteopathy Certification equivalence without being tested for one-time only.

- a. Having published at least 2 (two) articles on the subject in a national/international indexed journal,
- b. Having at least 2 (two) chapters in a book on the subject,
- c. Having conducted a postgraduate thesis study on the subject,
- d. Having worked as a researcher or executive in a scientific project supported by either a university or TUBITAK on the subject,
- e. Having worked as a postgraduate thesis supervisor on the subject

