



**HYPNOSIS PRACTICE
CERTIFICATION
TRAINING
PROGRAM**

STANDARDS FOR HYPNOSIS PRACTICE CERTIFICATION TRAINING PROGRAM

1. NAME OF TRAINING

Hypnosis Practice Certification Training Program

2. AIM OF TRAINING

This certification training program aims at gaining the following persons the required qualifications so as to ensure that these practices are conducted in the most efficient and productive way:

- Physicians,
- Dentists (only in their own fields),
- Psychologists holding certificate of authorization for medical practices of psychology and clinical psychologists (only in their own fields) under the supervision of a physician holding hypnosis practice certificate.

3. LEGAL BASIS FOR TRAINING

The following legislation is taken as a basis for the implementation of this training program.

1. Decree Law No. 663,
2. "Regulation on Certification Training of the Ministry of Health" published in the Official Gazette dated February 4, 2014 and numbered 28903,
3. "Regulation on Traditional and Complementary Medicine Practices" published in the Official Gazette dated October 27, 2014 and numbered 29158.

4. DEFINITIONS

Hypnosis: It is an act or procedure which is designed to change a person's consciousness and awareness level and

her/his feelings, emotions, memory or behaviors through suggestion or which leads to this change. The use of these practices in health is called hypnosis.

Practice Center: It is a center which is established within the body of health application and research center of the faculties of dentistry or the faculties of medicine and training and research centers to perform the practices specified in the relevant Regulation under the responsibility of a physician or a dentist who holds a certificate on the relevant field, and which can provide training if authorized by the Ministry.

Distance Learning: It is a way of learning in which students are separated by time and physical location from instructors and both the transfer of course contents and the interaction are ensured using information and communication technologies.

Asynchronous Learning: It is a way of learning-training which occurs asynchronously at different times and locations.

Synchronous Learning: It is a way of learning-training which occurs synchronously.

5. PROCEDURES AND PRINCIPLES TO IMPLEMENT THIS TRAINING PROGRAM

The training program shall be implemented based on the procedures and principles listed below:

1. The training program shall be carried out both in theory and in practice. The theoretical part of the

training may be taught in face-to-face classes and/or a maximum of 20% of the same theoretical part may be taught as distance learning courses.

2. It shall be ensured, in distance learning, that the participants have synchronous and asynchronous access to interactive practices on-line through the infrastructure provided by the server.
3. The participants need to undertake the presentation of at least 10 (ten) sessions during the training.
4. The contents of the courses shall be designated in the beginning of the training program; the participants shall be given references or provided with lecture notes.
5. Theoretical and practical courses shall last for 8 (eight) hours a day at most. The period of a course shall be 45 (forty five) minutes.
6. A maximum of 50 (fifty) participants for distance trainings and a maximum 30 (thirty) participants for face-to-face classes can be accepted in one training period/term except for 2 (two) participants who will be assigned by the Ministry.
7. The participants to be assigned by the Ministry will be a physician or a dentist who does not have any public service liability and whose training in this program is of importance for his/her services in the institution she/he works. These participants will not pay any training fee. The participants cannot be made work in any other field/unit/center or in any other job position during the training program.
8. Continuous attendance is essential for the training, and the prac-

tical training requires compulsory attendance. The participants who cannot attend 10% (ten percent) of the practical training at most due to a legal excuse shall not be allowed to take the certification exam unless they complete the hours they miss. A maximum of 10% (ten percent) absence due to a legal excuse is acceptable for the theoretical training.

9. The following teaching and learning strategies, methods and techniques shall be applied in the training program:
 - Verbal lecture
 - Small group discussion
 - Demonstrative teaching
 - Participatory scientific activity
 - Question & Answer
 - Video-based teaching
 - Simulation
 - Clinical practice
10. The practical training includes bedside hypnosis practices performed individually or in small groups in practice centers or units, and it consists of “observing”, “doing under supervision” and “doing independently” stages respectively.

6. PARTICIPANTS AND THEIR QUALIFICATIONS

Physicians, dentists, clinical psychologists and psychologists holding a certificate of authorization for medical practices of psychology can participate in this certification training program.

7. TRAINING CURRICULUM

7.1. Learning Objectives and Subjects in Training Courses

Subjects to be included in training program and learning objectives as well as duration of each subject are illustrated in Table 1.

Table 1: Subjects Included in Hypnosis Practice Certification Training Program Curriculum for Physicians, Dentists and Clinical Psychologists, and Learning Objectives for and Duration of Each Subject

SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:			
		Theory	Implementation	Total
Module -1		12	8	20
1. Definition and features of hypnosis	1. defines hypnosis.			
	2. clarifies to whom the hypnosis can be applied.			
2. Myths and misinformation	3. defines the induction areas.			
	4. distinguishes and clarifies the similarities and uses of different techniques related to hypnosis such as NLP, EMDR, breathing techniques, progressive relaxation, etc. even though the term hypnosis is not used.	1		1
3.Hypnosis as a communication method in therapy	clarifies the cultural misbeliefs of hypnosis among people.			
	describes the misinformation given in the films and media and the effects of this misinformation.	1		1
4.Spontaneous trances	describes the hypnotic contribution of empathic approach in the cases.			
	describes the contribution of practice environment to the hypnotic communication.	2		2
5.History of hypnosis	describes the hypnotic effect of voice, words and music.			
	describes the highway hypnosis.			
5.History of hypnosis	describes the hypnotic effects of sounds such as the clicks of barber scissors, etc.			
	describes the hypnotic relations of the effects such as mother’s kiss, king’s touch, etc.	1		1
5.History of hypnosis	describes the hypnotic effect of music.			
	describes the hypnosis practices of ancient world civilizations (Asian, Siberian, Greek, Egyptian, Indian, Chinese, African and American indigenous people, etc.).	1		1

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SUBJECT	LEARNING OBJECTIVES	Theory	Implementation	Total
	Participant successfully completing this program:			
	<p>describes the contributions of hypnosis and Asklepion treatment culture to the modern hypnosis in Anatolia.</p> <p>describes the hypnosis rituals in Shamanist and Native American ceremonies.</p> <p>describes Animal Magnetism in Mesmer’s period.</p> <p>lists the use of hypnosis after Mesmer’s period and the influence of Freud, Jung, Adler and other psychologists by hypnosis.</p> <p>describes the development of hypnosis in Turkey and the conscious hypnosis ecole.</p> <p>describes the development of hypnosis in Turkey and in the world.</p> <p>describes the establishment of hypnosis associations in Europe and in the world, and clarifies the information on the below-stated associations.</p> <ul style="list-style-type: none"> - ESH- European Society of Hypnosis -ISH-International Society of Hypnosis -ASCH-American Society of Clinical Hypnosis 	1		1
6. Hypnosis theories and conscious hypnosis	<p>describes the Neodissociation theory (Hilgard).</p> <p>describes the neuropsychological theory (Crawford&Gurizelier).</p> <p>describes DCT Dissociated Control Theory (Roody & Bowers), Social-cognitive / Cognitive-behavioral / Response Set Theory, Integrative Cognitive Theory (Brown & Oakley).</p> <p>describes the Role Theory (Sarbin).</p> <p>describes integrative Cognitive Theory (Brown & Oakley).</p> <p>describes Ego-Psychological Theory (Fromm).</p> <p>describes Conditioning and Inhibition Theory (Barrios).</p> <p>describes State and Non State theories.</p>	2		2

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Theory	Implementation	Total
7. Treatment planning	defines attachment (establishment of case-physician relationship).	2		2
8. Training and preparation of patient	names the criteria for the admission of a case for practice. describes how to give information on hypnosis in a case and on MAYA (Making Acceptance with Your Awareness) in Conscious Hypnosis technique and how to receive approval to practice it.	2		2
9. Practice	participates in practices on subjects described in the module, hypnotic phenomena and potential benefits.		8	8
MODULE -2		10	10	20
1. Professional and ethical issues	describes where to use hypnosis. describes the medical deontology rules and approaches in the case-physician relationship.	2		2
2. Practice fields and adverse effects	names the medicine and dentistry practice fields in which hypnosis is used to facilitate the treatment and the adverse effects of hypnosis.	2		2
3. Conditions that can be encountered during hypnosis	describes the conditions that can be encountered during hypnosis.	2		2
4. Focus of attention	knows hypnosis activity carried out by focusing attention on a fixed point. knows hypnosis activity carried out by focusing attention on breath. names techniques such as hypnosis activity carried out by focusing attention on body relaxation. conducts the practice by focusing attention on body relaxation.	2	1	3

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Theory	Implementation	Total
5.Hypnotic Susceptibility	<ul style="list-style-type: none"> defines the measurements of hypnotic susceptibility below. tests such as Stanford Hypnotic Susceptibility Scale (SHSS) Hypnotic Induction Profile (HIP) Harvard Group Scale 	2		2
6. Gaining qualifications in hypnotic susceptibility signs and measurements	<ul style="list-style-type: none"> describes hypnotic susceptibility signs and measurements below. Hypnotic Induction Profile (HIP) below-stated Harvard Group Scale Relaxation Techniques Preparing and maintaining hypnotic state Hallucination (Positive and Negative) Imagination Analgesia Anesthesia Catalepsy Levitation (raising arms under hypnosis) Time Distortion, age progression and regression Amnesia 		9	9
MODULE -3		12	8	20
1. Induction principles	<ul style="list-style-type: none"> describes breathing techniques and hypnosis induction principles. describes numeric rhythm techniques and hypnosis induction principles. describes relaxation techniques and hypnosis induction principles. describes eye fixation techniques and hypnosis induction principles. describes imagination method and hypnosis induction principles. 	4		4

Table 1: Subjects Included in Hypnosis Practice Certification Training Program Curriculum for Physicians, Dentists and Clinical Psychologists, and Learning Objectives for and Duration of Each Subject

SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Implementation	
		Theory	Total
2. Developing a hypnotic strategy	describes the uses of below-stated methods: Hypnosis methods to be researched Ideomotor questioning and bridging (affect bridge – somatic bridge) Age progression and regression Projection techniques (posthypnotic dream/ screen/theater) Time-line – association / dissociations Solution oriented hypnosis techniques Conflict oriented hypnosis techniques Symptom oriented hypnosis techniques Use of hypnosis as an anchoring method Dissociative hypnosis methods Specific hypnotic strategy methods Conscious hypnosis (AUCH Awareness Under Conscious Hypnosis) Ego state therapy method Use of metaphors in hypnosis practices	6	6
3. Hypnosis levels and deepening techniques	defines light, medium and deep levels of hypnosis.	2	2
4. different hypnotic induction demonstrations and its practice	participates in the implementation of different induction techniques	8	8
MODULE -4		12	20

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Implementation		Total
		Theory		
1. Gaining qualification in practicing hypnotic styles and the hypnotic suggestion	discusses paternal, maternal, friendly hypnosis suggestion styles. describes the approaches to authoritarian and permissive/non-authoritarian and indirect hypnosis induction techniques. shares the approaches towards the cases resisting to recovery and the methods of addressing the resistance.	5	5	10
2. Autohypnosis practice	1. defines autohypnosis principles	2	2	4
3. Hypnotic induction in children	names the hypnotic approaches encountered in disorders such as enuresis, nail-biting, adjustment disorders, sleeping pattern disorders, etc.	2		2
4. Ego strengthening methods	names the consciousness, awareness, comprehension, ego and consciousness layers, egostate. discusses the hypnotic suggestions applied in ego strengthening methods.	1	1	2
5. Indirect suggestion techniques	discusses the importance of metaphors and imagination in hypnosis. describes the use of subliminal hypnosis technique.	2		2
MODULE -5		11	9	20
1. Hypnosis techniques II	1. defines the conscious hypnosis techniques and eye to eye fixation methods. 2. participates in practices of conscious hypnosis techniques and eye to eye fixation methods. 3. describes breathing and relaxation techniques. 4. participates in practices related to breathing and relaxation techniques. 5. describes imagination-based techniques. 6. participates in the below-stated practices of imagination techniques:	3	3	6

Table 1: Subjects Included in Hypnosis Practice Certification Training Program Curriculum for Physicians, Dentists and Clinical Psychologists, and Learning Objectives for and Duration of Each Subject

SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Implementation		Total
		Theory		
	- Use of negative and positive imaginations in hypnosis - imagination activities related to the places where the patient feels/will feel safe. - listing and practicing the imagination techniques in which the practitioner is active or passive	2	2	4
	7. Use of stories/narration in practice; - discusses the use of hypnosis in resolution of patients' problems by using stories, proverbs, myths from which a moral will be pointed.	1		1
	8. Use of metaphors in practice; - discusses the production of related metaphors and the correct use of metaphors produced for treatment, and participates in practices.	2	2	4
	9. Use of dissociational method; - names the cases in which it can be practiced. - names its adverse effects.	1		1
	10. Use of posthypnotic suggestions in hypnosis; - describes the terms of self-hypnosis and auto-hypnosis.	2	2	4
MODULE -6		16	4	20
Termination of hypnotic state	describes the practice stages of hypnosis and the place of autohypnosis in practice. describes post-hypnotic suggestions used in autohypnosis.	3	4	7
Detachment (termination of practice); follow up of the case	describes practice fields of hypnosis. discusses the role of techniques of communication with a person, in hypnosis, in terms of its practice discusses the termination of practice and the follow up of the case.	2		2

Table 1: Subjects Included in Hypnosis Practice Certification Training Program Curriculum for Physicians, Dentists and Clinical Psychologists, and Learning Objectives for and Duration of Each Subject

SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Implementation	
		Theory	Total
Personal differences in hypnotic susceptibility	discusses the personality types and the hypnotic approach differences in personality types.	2	2
Risk factors of hypnosis practice	describes autohypnotic approaches. describes the risks that may be encountered while using the autohypnosis technique.	2	2
Resistance-to-hypnosis strategies	names the resistance-to-hypnosis strategies.	1	1
Failures encountered in hypnosis practice, and constitution	names the failures that may be encountered in hypnosis practice.	1	1
	names the failures that may be encountered in hypnosis practice and the coping strategies.		
Group hypnosis	names the group hypnosis techniques.	1	1
Hypnosis practice fields other than health (art, sports)	describes the hypnosis techniques used with intent to strengthen motivation, support the ego and increase concentration.	2	2
	describes imaginary roles and messages of artistic activities such as painting, sculpture, etc.		
	describes the use of hypnosis technique in sports and sportive success. discusses the media and its hypnotic effects.		
Use of hypnosis in emergencies	describes the self-hypnotic state occurring in social incidents, disasters and traumas such as accident, fire, earthquake, etc., and the hypnotic approaches that the practitioner can utilize.	2	2
	lays emphasis on hypnotic approaches which are used in emergency clinics and which are used during the first aid, and on the use of hypnosis technique in emergencies.		

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Theory	Implementation	Total
MODULE-7 Mind-Body Interaction in Hypnosis (*)		11	9	20
1. Use of hypnosis in psychosomatic disorders	describes the use of hypnosis in psychosomatic disorders. discusses the importance of using hypnosis in disorders such as idiopathic signs and findings, conversion/somatization disorders, psychosomatic disorders and immune system dysfunctions, irritable bowel syndrome, functional dyspepsia, chronic fatigue syndrome, fibromyalgia, asthma, allergy, etc.	2	2	
2. Use of hypnosis in overcoming the stress	discusses the importance of using the hypnosis in overcoming the stress. lays emphasis on using the hypnosis in such cases as stress management, increasing the quality of life, burnout syndrome, depression, emotion management, etc. in the daily life.	2	2	
3. Use of hypnosis in anxiety disorders	describes the use of hypnosis in overcoming the anxiety disorders. discusses the use of hypnosis in such cases as panic attacks, phobias, performance anxieties and exam anxiety, etc.	2	2	
4. Use of hypnosis in problematic habit management	participates in practices within the scope of the module.		9	9
5. Excessive use of alcohol	describes other techniques related to the use of hypnosis in excessive use of alcohol.	1		1
6. Smoking	names the hypnosis techniques used in breaking smoking habits.	1		1
7. Insomnia	describes the use of hypnosis in sleeping pattern disorders and conducts practice activities.	1		1
8. Nail-biting	describes the use of hypnosis in disorders such as nail-biting, hair-pulling, itching, etc.	1		1
9. OCD (obsessive compulsive disorder), stammering and tic disorders	learns the use of hypnosis in OCD, speech disorders and tics, discusses the importance of using hypnosis in speech disorders.	1		1

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:			
		Theory	Implementation	Total
MODULE-8 Hypnosis in Overcoming the Pain and in Surgery (**)		12	8	20
1. Neurophysiology of pain	1. describes the neurophysiology of pain.	2		2
2. Use of hypnosis in overcoming the pain	describes the practice fields of hypnosis in healing the pain.			
	describes the hypnosis practices for analgesia, and the use of hypnosis in chronic pains.			
	describes the practice fields of hypnosis for surgical interventions and hypnosis practices for analgesia.	2		2
3. Hypnotic strategies in pain control	describes the practice fields of hypnosis in surgical interventions and hypnosis practices with the purpose of sedation.			
	describes the approaches towards the cases presented with pain.			
	lays emphasis on the pain in oncological cases and on the use of hypnosis.			
	describes hypnotic strategies used for hypnoanalgesia, hypnoanesthesia and hypnosis in surgery.			
	describes the preparation of patient for surgery in preoperative period and the use of hypnosis for sedation.	4		4
	lays emphasis on using hypnosis for hypnoanesthesia, hypnoanalgesia and sedation during surgery.			
	discusses the rules of use of hypnosis in postoperative period.			

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:			
		Theory	Implementation	Total
4. Use of hypnosis for phantom pains in orthosis and prosthesis adaptation	describes the using techniques of hypnosis for phantom pains in orthosis and prosthesis adaptation.	1		1
5. Pain sensations in accordance with the cultural differences	discusses pain sensation in different cultures and its use as a positive effect through hypnosis.	1		1
6. Use of different hypnosis methods in pain control	participates in practice activities by describing the use of different hypnosis methods in pain control.			
- Conscious hypnosis technique	describes the use of conscious hypnosis technique in overcoming the pain.			
- Indirect suggestion methods	describes the use of indirect hypnosis techniques in overcoming the pain.			
- Use of metaphors	discusses the use of metaphors in overcoming the pain during hypnosis.			
Use of time distortion		2	8	10
- Idiomotor questioning	describes the use of time distortion technique in overcoming the pain.			
Resistance-to-hypnosis control strategies	defines the idiomotor answers and the rules of using this technique as an autohypnosis method of overcoming the pain. names the resistance encountered while practicing the hypnosis in overcoming the pain, and the strategies to be implemented.			

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Theory	Implementation	Total
MODULE-9 Hypnosis in Gynecology and Obstetrics		13	7	20
1. Hypnosis in preparation to motherhood	describes the importance of hypnosis in overcoming the pregnancy anxiety.	3	2	5
	discusses hypnosis in overcoming the vomiting of pregnancy.			
	describes the hypnosis used for physical and mental problems occurring during pregnancy.			
2. Use of hypnosis in painless childbirth	describes the use of hypnosis in regulating pregnancy weight gain and nutrition.	3	2	5
	names the hypnotic strategies used for hypnoanalgesia, hypnoanesthesia and hypnosis in painless childbirth.			
	describes the preparation of patient for delivery in prenatal period and the use of hypnosis for sedation.			
	describes the use of hypnosis for hypnoanesthesia, hypnoanalgesia and sedation during vaginal delivery or caesarean delivery.			
3. Use of hypnosis for problems encountered in postnatal and postpartum period.	lays emphasis on the use of hypnosis in postnatal period.	2	1	3
	describes the use of hypnosis in the acceptance of motherhood.			
	describes the use of hypnosis in lactation period.			
	describes the use of hypnosis in healthy weight-loss in postpartum period.			
4. Use of hypnosis in menstrual cycle and pain control	describes the hypnosis methods used to have an easy postpartum period.	1	1	1
	describes the use of hypnosis in regulating the menstrual cycle.			

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SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:	Theory	Implementation	Total
		MODULE-9 Hypnosis in Gynecology and Obstetrics	13	7
4. Use of hypnosis in menstrual cycle and pain control	describes the use of hypnosis in regulating the menstrual cycle.	1	1	
5. Oncology and hypnosis	describes the use of hypnosis in ensuring mental and physical compliance in oncological cases (breast, ovarian, uterine) seen in women.	2	1	3
6. Fertility and hypnosis	describes the use of hypnosis in in-vitro fertilization processes. lays emphasis on the use of hypnosis in the acceptance of motherhood and preparation to pregnancy, ova collection and implantation processes. discusses the importance of using the hypnosis in overcoming the stress and depression.	2	1	3
MODULE-10 Hypnosis in Dentistry (**)		11	9	20
1. Hypnosis and management of anxiety, fear and phobic states	describes the use of hypnosis in overcoming the anxiety, fear and phobic states related to dentistry.	3	2	5
2. Use of hypnosis for analgesia and anesthesia in dentistry	describes the use of hypnosis for hypnoanesthesia, hypoanalgesia and sedation during procedures such as tooth extraction, operations, filling, root canal therapy, etc. in dentistry			
discusses the use of hypnosis in trigeminal neuralgia and pains of head and neck region.		2	2	4

Table 1: Subjects Included in Hypnosis Practice Certification Training Program Curriculum for Physicians, Dentists and Clinical Psychologists, and Learning Objectives for and Duration of Each Subject

SUBJECT	LEARNING OBJECTIVES Participant successfully completing this program:			
		Theory	Implementation	Total
3. Use of hypnosis in hemorrhage and salivation control	Use of hypnosis in hemorrhage, salivation and retching control.	1	1	2
4. Use of hypnosis in problematic habit management in dentistry	describes the use of hypnosis in problematic habit management in dentistry such as bruxism.	3	3	6
	discusses the importance of hypnosis so as to ensure orthosis and prosthesis adaptation in children with thumbsucking problems.			
	discusses the importance of hypnosis in overcoming the jaw and tooth problems caused by smoking and malnutrition habits.			
5. Use of hypnosis in adaptation of orthosis and prosthesis used in dentistry.	describes the use of hypnosis for adaptation to prosthesis, orthosis and orthodontic appliances used in dentistry.	1	1	2

7.2. Training Materials and Their Features

Materials to be used in training are as follows:

1. Written training materials including subjects in the training content (books, slides, training guidelines, scientific journals, etc.),
2. Audiovisual training materials (compact discs, video films, pictures, etc.),
3. Training contents, discussions (forums and virtual class sessions), presentations, case studies, videos, voice records, etc. developed in a context-specific perspective for the training and transferred into digital environment.
4. All kinds of devices and materials available at the place where the training will take place will be con-

Table-2: Training Duration for Hypnosis Certification Training Program

Medical Hypnosis Training	TOTAL DURATION		
	Theory	Practice	Total
Physicians	120	80	200
Dentists	96	64	160
Clinical Psychologists	99	61	160

sidered as training material.

7.3. Duration of Training

Total duration of Hypnosis Certification Training Program is illustrated in the Table 2 below.

7.4. Evaluation of Training (Exam Procedure, Achievement Criteria, Extra Exam Right, etc.)

The training will be evaluated according to the following procedures and principles.

1. Participants who do not fulfill the requirement of compulsory attendance shall not be allowed to participate in the exam.
2. Theoretical and practice exams shall be conducted at the end of the training program.
3. Participants are supposed to succeed both in theoretical and practice exam separately.
4. Exam questions shall be prepared by the exam committee, composed of minimum three trainers, under the chairmanship of the program officer in a way to cover all the subjects included in the training content.

5. Theoretical exam questions shall be prepared as multiple-choice questions.
6. Participants who score 70 (seventy) points or more out of 100 (one hundred) in the theoretical exam shall be deemed successful.
7. Participants who fail to score this minimum point in the theoretical exam shall be allowed to take the exam 2 (two) more times at maximum. Those who cannot pass the exam are supposed to apply to the hypnosis practice certification training program again.
8. Participants who cannot pass the theoretical exam shall not be allowed to take the practice exam.
9. The practice exam shall be conducted by making the presentation of a case, which is followed up from beginning to end, through CD/video-recording.
10. In the practice exam; practitioner’s case evaluation, her/his approaches towards the case, her/his practice of induction principles and techniques, her/his practice of hypnotic strategies, and the termination and completion of hypnotic state shall be evaluated.
11. Participants who fail to score this minimum point in the practice exam shall be allowed to take the exam 2 (two) more times at maximum. Those who cannot pass the exam are supposed to apply to the hypnosis practice certification training program again.
12. The objections of the participants who object to the results of their theoretical and practice exams conducted at the end of the hypnosis practice certification training program shall be evaluated and con-

cluded by the certification training providers in 5 (five) working days at the latest.

13. For certification, the success point of a participant shall be determined by averaging the points obtained in the theoretical and practice exams.
14. Participants who pass the theoretical and practice exams shall be awarded their certificates.
15. The certification shall be registered by the Ministry of Health.

8. PROGRAM OFFICER AND HER/HIS QUALIFICATIONS

Physicians, dentists or academic members of the relevant field are the program officers of the hypnosis practice certification training program.

9. TRAINERS AND THEIR QUALIFICATIONS

Those who have any one of the following qualifications shall be assigned as trainer:

1. Physicians and Dentists who hold Hypnosis Practice Certification and who have actively worked in the relevant practice field for minimum 3 (three) years,
2. Specialists Physicians and Specialist Dentists who hold hypnosis practice certificate,
3. Physicians and Dentists who hold Hypnosis Practice Certification and who have minimum two national/international scientific publications on hypnosis,
4. Specialists and academic members in other fields than hypnosis practice.
5. Those who are foreign national and document that they have actively practiced their profession and re-

ceived hypnosis training in an international platform and who are deemed to be qualified by the committee established by the relevant unit.

NOTE: The practice centers are obliged to notify the Ministry of Health about the qualifications and names of the trainers.

10. PROPERTIES OF THE TRAINING PLACE

Hypnosis practice certification training program can be prepared by the institution/organization having the relevant "practice center". The training place shall:

For distance learning;

1. have a Learning Management System compliant with international learning content standards (Scorm, AICC, etc.),
2. have a Learning Management System (LMS) Management panel,
3. have a server and infrastructure architecture in parallel with the capacity of the trainees,
4. ensure that video conferencing software and infrastructures are integrated into the system so as to provide synchronous training,

The Training Place for Theory and Practice Trainings shall:

1. have a server and infrastructure architecture in parallel with the capacity of the trainees,
2. have adequate number of chairs and desks for participants,
3. be a traditional and complementary medicine practice center which the Ministry allows to open,
4. have computer and audiovisual de-

vices which will allow for carrying out the training using appropriate technology; practice models; a blackboard; a printer, xerox machine and paper support systems ensuring that participants are provided with training objectives, subjects and contents/presentations; etc.

11. VALIDITY PERIOD OF THE CERTIFICATE

The validity period of the certificate is 7 (seven) years.

12. CERTIFICATE RENEWAL CRITERIA

The renewal of the certificate shall be carried out in line with the procedures and principles below.

1. At the end of the validity period of the certificates, among the certificate-holders;
 - a. The certificates of those who document that they attended national/international trainings or scientific meetings on hypnosis practice at least 4 (four) times within the validity period of the certificate after receiving that certificate or those who published an article on hypnosis practice in 2 (two) national/international peer-reviewed journals or those who document that they worked actively on this field for 2 (two) years shall be renewed. The certificate-holders shall submit their documentation related to these criteria during the renewal application to the certification training providers that awarded the certificate to them.
 - Those who do not fulfil any criteria in paragraph (a) need to take the certificate renewal exam.
2. The renewal exam shall be conducted as a theoretical exam consisting of multiple-choice questions prepared in line with the recent developments in the field and the subjects in the hypnosis practice training program by the providers of hypnosis practice certification training program under the coordination of the relevant unit of the Ministry.
3. Participants who score 70 (seventy) or more points in the renewal exam shall be deemed successful and the duration of their certificates shall be extended for another 5 (five) years.
4. The certificates of the certificate-holders shall be valid until the certificate renewal exam process is completed.
5. The certificates of those who fail to attend the certificate renewal exam twice in a row shall be deemed invalid, except in cases of legally acceptable excuses. Following the end of the legally acceptable excuse, they shall be tested as soon as possible.
6. In cases when the training activities of the entity with the authorization to provide certification training program are stopped or its certification training provision authorization documents are cancelled for any reason or in cases of shut-down and transfer, the certificate renewal exams shall be conducted by the relevant unit of the Ministry.
7. The objections of the certificate-holders, who fail in the certificate renewal exam, to the renewal exam results shall be evaluated

and concluded in maximum 5 (five) working days by the certificate renewal exam committee.

13. PROCEDURES AND PRINCIPLES OF EQUIVALENCE PROCESSES

Equivalence shall be requested by using the equivalence application form prepared by the Ministry in line with the provisions of the regulation on certification training of the Ministry of Health.

It is mandatory to submit all the documents specified in this form.

Each section specified in this form shall be filled in detail, the notarized copies of the below-listed documents approved by the institution/organization which provided the training and the translation of the documents into Turkish by a certified translator if the training is received abroad shall be submitted as attachment to the form.

Documents to be attached to the Application Form:

1. Notarized copy of the certificate.
2. Notarized copy of the Faculty of Medicine/Faculty of Dentistry diploma.
3. Notarized copy of diplomas of clinical psychologists and psychologists holding certificate of authorization for medical practices of psychology.
4. Notarized copy of postgraduate education certificate, if available.
5. Certified copy of Turkish Identification Card/Foreign Identification Card and 2 (two) photographs.
6. All information and documentation related to the Training Curriculum specified in the 4th paragraph of the Application Form (the original of the document in the language of

the training and its translation into Turkish).

7. Document proving that Physicians received at least 200 hours of training / that Dentists, Clinical Psychologists and Psychologists holding certificate of authorization for medical practices of psychology received at least 160 hours of training as well as the Training Curriculum.
8. The applicant will be requested to submit a document which is received from the official health authority of the country of training or the head of mission of Turkey and shows that the Institution/Organization/Private Law Legal Entity/Natural Person who/which provided the training and who/which is included in the 3rd paragraph of the Application Form is authorized to provide training. University hospitals and official institutions will not be requested to submit this document.
9. The applicant will be requested to document that s/he resided in the country in which s/he received training for as long as the training duration with his/her passport or other official documents and the formally-commissioned officials will be requested to provide documentation proving that they were off duty in the said period.

How to carry out the Equivalence Procedures

1. The application files of those who apply for certificate equivalence shall be examined in line with the Hypnosis Certification Training Program Standards by a committee to be set up by the relevant unit.
2. Applicants whose files are deemed suitable and sufficient shall be test-

ed with theoretical and practice exam.

3. Applicants who score 70 (seventy) points or more out of 100 (one hundred) in the theoretical exam shall be deemed successful. Those who fail to score this minimum point in the theoretical exam shall be allowed to take the exam 2 (two) more times at maximum; those who cannot pass the exam are supposed to apply to the Hypnosis Practice Certification Training Program.
4. Participants who cannot pass the theoretical exam shall not be allowed to take the practice exam.
5. Participants who score 70 (seventy) points or more out of 100 (one hundred) in the practice exam shall be deemed successful. Those who fail to score this minimum point in the practice exam shall be allowed to take the exam 2 (two) more times at maximum; those who cannot pass the exam are supposed to apply to

the Hypnosis Practice Certification Training Program.

6. Certificate Equivalency Document shall be drawn up for the applicants who pass the theoretical and practice exams.
7. Certificate Equivalency Document shall be registered by the Ministry of Health.

14. PROVISIONAL CLAUSE

Physicians or Dentists who, before this standard is published, fulfill at least one of the following requirements as:

1. having published and/or received approval for minimum 2 (two) scientific publications on the relevant field,
2. having conducted postgraduate thesis study on the relevant field,
3. having received a diploma/certificate from educational establishments accredited by the hypnosis associations in Europe and in the

